

GOD'S VITAMINS¹: A SPECIAL GIFT

DIRECCIONES: Mix completely with faith and authority. These vitamins are medicine that is to be taken by word of mouth as often as is necessary to maintain health and life. They can be taken to prevent sickness in spirit, soul, and body or to combat sicknesses that have already developed. One, several, or all the doses can be taken at once. The person who gave you these vitamins gave them to you because they love you and they only want the best for you.

DOSE 1 / DAY 1: SALVATION-PART 1: BELIEF IN JESUS CHRIST

Holy Father, please bless me to be right with You so that I can enjoy all of the beautiful blessings that You have for me. **Deuteronomy 28:1-8:** *“Now it shall come to pass, if you diligently obey the voice of the Lord your God, to observe carefully all His commandments which I command you today, that the Lord your God will set you high above all nations of the earth. 2 And all these blessings shall come upon you and overtake you, because you obey the voice of the Lord your God: 3 “Blessed shall you be in the city, and blessed shall you be in the country. 4 “Blessed shall be the [a]fruit of your body, the produce of your ground and the increase of your herds, the increase of your cattle and the offspring of your flocks. 5 “Blessed shall be your basket and your kneading bowl. 6 “Blessed shall you be when you come in, and blessed shall you be when you go out. 7 “The Lord will cause your enemies who rise against you to be defeated before your face; they shall come out against you one way and flee before you seven ways. 8 “The Lord will command the blessing on you in your storehouses and in all to which you set your hand, and He will bless you in the land which the Lord your God is giving you.*

Holy Father, please bless me to be right with You by always believing in my heart and confessing with my mouth that Jesus Christ is Lord. **Romans 10:8-10** *But what does it say? “The word is near you, in your mouth and in your heart” (that is, the word of faith which we preach): 9 that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. 10 For with the heart one*

believes unto righteousness, and with the mouth confession is made unto salvation.

Holy Father, please bless me to believe that Jesus Christ is the only way to You: Bless me to believe that Christianity is the only religion that is going to take us to heaven. **John 14:6** *Jesus said to him, “I am the way, the truth, and the life. No one comes to the Father except through Me.*

Holy Father, bless me to follow Christ, not just to believe in Him, so that I can achieve spiritual well-being and eternal life.

James 2:18-19 *But someone will say, “You have faith, and I have works.” Show me your faith without [a]your works, and I will show you my faith by [b]my works. ¹⁹ You believe that there is one God. You do well. Even the demons believe—and tremble!*

In the Name of Jesus Christ I ask all these things. Amen.

DOSE 2 / DAY 2: SALVATION-PART 2: REPENTANCE

Father, bless me to put my spiritual and physical house in order.

Isaiah 1:18-20: *“Come now, and let us reason together,” Says the LORD, “Though your sins are like scarlet, They shall be as white as snow; Though they are red like crimson, They shall be as wool. ¹⁹ If you are willing and obedient, You shall eat the good of the land; ²⁰ But if you refuse and rebel, You shall be devoured by the sword”; For the mouth of the LORD has spoken.*

Father, bless me to leave all the sins that can exclude me from going to heaven and enjoying the blessings of Your Kingdom, including physical healing and spiritual, emotional, and physical well-being.

Galatians 5:19-21: *Now the works of the flesh are evident, which are: [a]adultery, [b]fornication, uncleanness, lewdness, ²⁰ idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, ²¹ envy, [c]murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God.*

1 Corinthians 5:11: *But now I have written to you not to keep company with anyone named a brother, who is sexually immoral, or covetous, or an idolater, or a reviler, or a drunkard, or an extortioner—not even to eat with such a person.*

1 Corinthians 6:9-10: *Do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived. Neither fornicators, nor idolaters, nor adulterers, nor ^[a]homosexuals, nor ^[b]sodomites, ¹⁰ nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners will inherit the kingdom of God.*

Revelation 21:8: *But the cowardly, ^[a]unbelieving, abominable, murderers, sexually immoral, sorcerers, idolaters, and all liars shall have their part in the lake which burns with fire and brimstone, which is the second death.”*

Bless me to repent not only of sinful actions but also sinful words, thoughts, attitude, and feelings. **Matthew 5:27-28:** *“You have heard that it was said ^[a]to those of old, ‘You shall not commit adultery.’ ²⁸ But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.*

Bless me to repent of my sins from the heart, including both sins of commission and sins of omission. **James 4:17:** *Therefore, to him who knows to do good and does not do it, to him it is sin.*

Upon confessing my offenses and personal abuses,

Bless me to accept Your blessing, Lord Jesus.

Bless him/her(/them) to stand before You innocent.

Bless me to release all guilt from my mind and heart.

1 John 1:9-10: *If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. ¹⁰ If we say that we have not sinned, we make Him a liar, and His word is not in us.*

In the Name of Jesus Christ I ask all these things. Amen.

DOSE 3 / DAY 3: FORGIVENESS

Holy Father, bless me to feel better in my body, soul, and spirit because I have a lifestyle in which I forgive. Instead of resenting people, bless me to

forgive instantly. Bless me to realize that forgiveness does not mean that you trust a person who has hurt you; however, it does mean that you wish that person all the best, that you will help that person in any way you can, and that you only want the person to be judged by God if he/she refuses to change and do right. **Mark 11:25-26:** *“And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses. ²⁶ [a] But if you do not forgive, neither will your Father in heaven forgive your trespasses.”*

Father, bless me to never be happy if something bad happens to somebody. Father, bless me to remember that forgiveness is not an option; it is a requirement for eternal life. **Proverbs 17.5:** *He who mocks the poor reproaches his Maker; He who is glad at calamity will not go unpunished*

In the Name of Jesus Christ I ask all these things. Amen.

DOSE 4 / DAY 4: PRAYER FOR DAILY WELL-BEING – PART 1

Holy Father, bless me not to complain.

Bless me not to feel sorry for myself.

Bless me to overcome my symptoms.

Bless me to forgive others and myself, confessing my offenses.

Father, bless me to always cultivate good actions, words, attitudes, thoughts, and feelings, which will attract well-being in each part of my being, body, soul, and spirit.

1 Thessalonians 5:23: *Now may the God of peace Himself sanctify^[a] you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.*

Philippians 4:8: *Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.*

Galatians 5:22-23: *But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, ²³ [a]gentleness, self-control. Against such there is no law.*

In the Name of Jesus Christ I pray, Amen.

DOSE 5 / DAY 5: PRAYER FOR DAILY WELL-BEING – PART 2

I know that Satan has come to steal our health, kill our bodies, and bring destruction. Therefore, I resist Satan in my life with his sickness in the name of Jesus Christ, and I replace his evil with the good life and abundant health of God in the name of Jesus Christ. **John 10.10:** *The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.*

Holy Father, bless me to keep their healing and health by choosing my friends carefully. Bless me to be part of a church that edifies my faith, and bless me to listen to scriptures and teachings related to healing and health. **Proverbs 13.20:** *He who walks with wise men will be wise, But the companion of fools will be destroyed.*

Father, bless me to make all the changes I need to make, such as those related to diet and exercise, so that I will be healthy. **1 Corinthians 3:16-17:** ¹⁶ *Do you not know that you are the temple of God and that the Spirit of God dwells in you? ¹⁷ If anyone [a]defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.*

Father, bless me to make whatever change I need to make to be conformed to the Will of God, which is Your Word. **2 Timothy 3:16-17:** *All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for [a]instruction in righteousness, ¹⁷ that the man of God may be complete, thoroughly equipped for every good work.*

Please, Holy Father, keep me in Your joy because I need Your strength and joy for my health and healing. **Nehemiah 8:10:** *Then he said to them, "Go your way, eat the fat, drink the sweet, and send portions to those for whom*

nothing is prepared; for this day is holy to our Lord. Do not sorrow, for the joy of the LORD is your strength.”

In the Name of Jesus Christ I pray, Amen.

¹This prayer is based on “God’s Medicine,” originally received by Pastor Anthony Menzel at Word of Life Christian Ministries in Dover, NJ.