

DOSE 5 / DAY 5: PRAYER FOR DAILY WELL-BEING – PART 2

I know that Satan has come to steal our health, kill our bodies, and bring destruction. Therefore, I resist Satan in my life with his sickness in the name of Jesus Christ, and I replace his evil with the good life and abundant health of God in the name of Jesus Christ. **John 10.10:** *The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.*

Holy Father, bless me to keep their healing and health by choosing my friends carefully. Bless me to be part of a church that edifies my faith, and bless me to listen to scriptures and teachings related to healing and health. **Proverbs 13.20:** *He who walks with wise men will be wise, But the companion of fools will be destroyed.*

Father, bless me to make all the changes I need to make, such as those related to diet and exercise, so that I will be healthy. **1 Corinthians 3:16-17:** *¹⁶ Do you not know that you are the temple of God and that the Spirit of God dwells in you? ¹⁷ If anyone ^[a]defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.*

Father, bless me to make whatever change I need to make to be conformed to the Will of God, which is Your Word. **2 Timothy 3:16-17:** *All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for ^[a]instruction in righteousness, ¹⁷ that the man of God may be complete, thoroughly equipped for every good work.*

Please, Holy Father, keep me in Your joy because I need Your strength and joy for my health and healing. **Nehemiah 8:10:** *Then he said to them, “Go your way, eat the fat, drink the sweet, and send portions to those for whom nothing is prepared; for this day is holy to our Lord. Do not sorrow, for the joy of the LORD is your strength.”*

In the Name of Jesus Christ I pray, Amen.

¹This prayer is based on “God’s Medicine,” originally received by Pastor Anthony Menzel at Word of Life Christian Ministries in Dover, NJ.