

## **GOD'S VITAMINS**

### **(FOR PEOPLE WHO ARE NOT RIGHT WITH GOD)**

*DIRECTIONS: Mix completely with faith and authority. These vitamins are medicine that is to be taken by word of mouth as often as is necessary to maintain health and life. They can be taken to prevent sickness in spirit, soul, and body or to combat sicknesses that have already developed. One, several, or all the doses can be taken at once.*

*These vitamins are designed especially for people who are not right with God, including atheists and agnostics (unbelievers), people who want to follow Christ but are practicing serious sins (backsliders), and people who believe in God but are in false religions (heretics). For these people, well-being has to start with spiritual health, which is the salvation of their souls.*

### **DOSE 1 / DAY 1: DIVINE PROTECTION**

Holy Father, I know that you cannot bless a person who does not follow Christ the way you would like to bless him/her, but because of the great love that you have for me as your child who tries to follow You, I ask You to protect \_\_\_\_\_ in a special way during all the time that it takes him/her(them) to come to know You and follow Jesus Christ. **Psalm 37:3-4** *Trust in the LORD, and do good; Dwell in the land, and feed on His faithfulness. <sup>4</sup> Delight yourself also in the LORD, And He shall give you the desires of your heart.*

Holy Father, bless me to stand in the gap for the well-being of \_\_\_\_\_ so that you do not have to judge him/her(them). **Ezekiel 22:30-31** *So I sought for a man among them who would make a wall, and stand in the gap before Me on behalf of the land, that I should not destroy it; but I found no one. <sup>31</sup> Therefore I have poured out My indignation on them; I have consumed them with the fire of My wrath; and I have recompensed their deeds on their own heads," says the Lord God.*

As an intercessor for \_\_\_\_\_, I ask You, Father, in the name of Jesus Christ that You keep him/her(them) from all hurt, harm, and danger, and that You always bless him/her(them) to suffer the least amount possible and to

have the maximum joy possible within Your Will. **Psalm 91** *He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. <sup>2</sup> I will say of the LORD, "He is my refuge and my fortress; My God, in Him I will trust." <sup>3</sup> Surely He shall deliver you from the snare of the [a]fowler And from the perilous pestilence. <sup>4</sup> He shall cover you with His feathers, And under His wings you shall take refuge; His truth shall be your shield and [b]buckler. <sup>5</sup> You shall not be afraid of the terror by night, Nor of the arrow that flies by day, <sup>6</sup> Nor of the pestilence that walks in darkness, Nor of the destruction that lays waste at noonday. <sup>7</sup> A thousand may fall at your side, And ten thousand at your right hand; But it shall not come near you. <sup>8</sup> Only with your eyes shall you look, And see the reward of the wicked. <sup>9</sup> Because you have made the LORD, who is my refuge, Even the Most High, your dwelling place, <sup>10</sup> No evil shall befall you, Nor shall any plague come near your dwelling; <sup>11</sup> For He shall give His angels charge over you, To keep you in all your ways. <sup>12</sup> In their hands they shall [c]bear you up, Lest you [d]dash your foot against a stone. <sup>13</sup> You shall tread upon the lion and the cobra, The young lion and the serpent you shall trample underfoot. <sup>14</sup> "Because he has set his love upon Me, therefore I will deliver him; I will [e]set him on high, because he has known My name. <sup>15</sup> He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him. <sup>16</sup> With [f]long life I will satisfy him, And show him My salvation."*

In the Name of Jesus Christ I ask all these things. Amen.

## **DOSE 2 / DAY 2: SALVATION-PART 1:** **BELIEF IN JESUS CHRIST**

Holy Father, please bless \_\_\_\_\_ to believe in his/her(their) heart(s) and to confess with his/her(their) mouth(s) that Jesus Christ is Lord. **Romans 10:8-10** *But what does it say? "The word is near you, in your mouth and in your heart" (that is, the word of faith which we preach): <sup>9</sup> that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. <sup>10</sup> For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.*

Holy Father, please bless him/her(them) to believe that Jesus Christ is the only way to You: Bless them to believe that Christianity is the only religion that is going to take us to heaven. **John 14:6** *Jesus said to him, "I am the way, the truth, and the life. No one comes to the Father except through Me.*

Holy Father, bless him/her(them) to follow Christ, not just to believe in Him, so that he/she(they) can achieve spiritual well-being and eternal life.

**James 2:18-19** *But someone will say, "You have faith, and I have works." Show me your faith without [a] your works, and I will show you my faith by [b] my works. <sup>19</sup> You believe that there is one God. You do well. Even the demons believe—and tremble!*

In the Name of Jesus Christ I ask all these things. Amen.

### **DOSE 3 / DAY 3: SALVATION-PART 2: REPENTANCE**

Father, bless \_\_\_\_\_ to put his/her(their) spiritual and physical house in order. **Isaiah 1:18-20:** *"Come now, and let us reason together," Says the LORD, "Though your sins are like scarlet, They shall be as white as snow; Though they are red like crimson, They shall be as wool. <sup>19</sup> If you are willing and obedient, You shall eat the good of the land; <sup>20</sup> But if you refuse and rebel, You shall be devoured by the sword"; For the mouth of the LORD has spoken.*

Father, bless him/her(/them) to leave all the sins that can exclude him/her(/them) from going to heaven and enjoying the blessings of Your Kingdom, including physical healing and spiritual, emotional, and physical well-being.

**Galatians 5:19-21:** *Now the works of the flesh are evident, which are: [a] adultery, [b] fornication, uncleanness, lewdness, <sup>20</sup> idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, <sup>21</sup> envy, [c] murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God.*  
**1 Corinthians 5:11:** *But now I have written to you not to keep company with anyone named a brother, who is sexually immoral, or covetous, or an*

*idolater, or a reviler, or a drunkard, or an extortioner—not even to eat with such a person.*

**1 Corinthians 6:9-10:** *Do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived. Neither fornicators, nor idolaters, nor adulterers, nor [a]homosexuals, nor [b]sodomites, <sup>10</sup> nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners will inherit the kingdom of God.*

**Revelation 21:8:** *But the cowardly, [a]unbelieving, abominable, murderers, sexually immoral, sorcerers, idolaters, and all liars shall have their part in the lake which burns with fire and brimstone, which is the second death.”*

Bless him/her(/them) to repent not only of sinful actions but also sinful words, thoughts, attitude, and feelings. **Matthew 5:27-28:** *“You have heard that it was said [a]to those of old, ‘You shall not commit adultery.’ <sup>28</sup> But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.*

Bless him/her(/them) to repent of their sins from the heart, including both sins of commission and sins of omission. **James 4:17:** *Therefore, to him who knows to do good and does not do it, to him it is sin.*

Upon confessing his/her(/their) offenses and personal abuses,  
Bless him/her(/them) to accept Your blessing, Lord Jesus.  
Bless him/her(/them) to stand before You innocent.

Bless him/her(/them) to release all guilt from his/her(/their) mind(s) and heart(s).

**1 John 1:9-10:** *If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. <sup>10</sup> If we say that we have not sinned, we make Him a liar, and His word is not in us.*

In the Name of Jesus Christ I ask all these things. Amen.

#### **DOSE 4 / DAY 4: FORGIVENESS**

Holy Father, bless \_\_\_\_\_ to feel better in his/her(they) body(bodies), soul(s), and spirit(s) because he/she(they) has(have) a lifestyle in which he/she(they) forgive. Instead of resenting people, bless him/her(they) to

forgive instantly. Bless him/her(them) to realize that forgiveness does not mean that you trust a person who has hurt you; however, it does mean that you wish that person all the best, that you will help that person in any way you can, and that you only want the person to be judged by God if he/she refuses to change and do right. **Mark 11:25-26:** *“And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses. <sup>26</sup> [a] But if you do not forgive, neither will your Father in heaven forgive your trespasses.”*

Father, bless him/her(them) to never be happy if something bad happens to somebody. Father, bless him/her(them) to remember that forgiveness is not an option; it is a requirement for eternal life. **Proverbs 17.5:** *He who mocks the poor reproaches his Maker; He who is glad at calamity will not go unpunished*

In the Name of Jesus Christ I ask all these things. Amen.

#### **DOSE 5 / DAY 5: PRAYER FOR DAILY WELL-BEING – PART 1**

Holy Father, bless \_\_\_\_\_ not to complain.

Bless him/her(/them) not to feel sorry for him/herself(/themselves).

Bless him/her(/them) to overcome his/her(/their) symptoms.

Bless him/her(/them) to forgive others and him/herself/(themselves), confessing his/her(/their) offenses.

Father, bless \_\_\_\_\_ to always cultivate good actions, words, attitudes, thoughts, and feelings, which will attract well-being in each part of my being, body, soul, and spirit.

**1 Thessalonians 5:23:** *Now may the God of peace Himself sanctify<sup>[a]</sup> you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.*

**Philippians 4:8:** *Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.*

**Galatians 5:22-23:** *But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, <sup>23</sup> [a]gentleness, self-control. Against such there is no law.*

In the Name of Jesus Christ I pray, Amen.

## **DOSE 6 / DAY 6: PRAYER FOR DAILY WELL-BEING – PART 2**

I know that Satan has come to steal our health, kill our bodies, and bring destruction. Therefore, I resist Satan in the life(lives) of \_\_\_\_\_ with his sickness in the name of Jesus Christ, and I replace his evil with the good life and abundant health of God in the name of Jesus Christ. **John 10.10:** *The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.*

Holy Father, bless him/her(them) to keep their healing and health by choosing their friends carefully. As soon as possible, bless him/her(them) to be part of a church that edifies his/her(their) faith, and bless him/her(them) to listen to scriptures and teachings related to healing and health. **Proverbs 13.20:** *He who walks with wise men will be wise, But the companion of fools will be destroyed.*

Father, bless him/her(them) to make all the changes he/she (they) need to make, such as those related to diet and exercise, so that he/she(they) will be healthy. **1 Corinthians 3:16-17:** <sup>16</sup> *Do you not know that you are the temple of God and that the Spirit of God dwells in you?* <sup>17</sup> *If anyone [a]defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.*

Father, bless him/her(them) to make whatever change he/she(they) need to make to be conformed to the Will of God, which is Your Word.

**2 Timothy 3:16-17:** *All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for [a]instruction in righteousness, <sup>17</sup> that the man of God may be complete, thoroughly equipped for every good work.*

Please, Holy Father, keep him/her(them) in Your joy because he/she(they) need Your strength and joy for his/her(their) health and healing.

***Nehemiah 8:10:*** *Then he said to them, “Go your way, eat the fat, drink the sweet, and send portions to those for whom nothing is prepared; for this day is holy to our Lord. Do not sorrow, for the joy of the LORD is your strength.”*

In the Name of Jesus Christ I pray, Amen.

### **DOSE 7 / DAY 7: ENFORCING LIFE**

I speak the Word of Faith to the body(bodies) of \_\_\_\_\_ in the name of Jesus Christ. I command every internal organ to carry out a perfect work in the body(/the bodies) of \_\_\_\_\_ because the body(bodies) of \_\_\_\_\_ are the temple(s) of the HOLY SPIRIT; therefore, I charge in the name of the Lord Jesus and by the authority of His Holy Word that the body(bodies) of \_\_\_\_\_ be healed and made whole. ***Proverbs 12:18:*** *There is one who speaks like the piercings of a sword, But the tongue of the wise promotes health.*

Father, I resist the enemy in every form in which he comes against \_\_\_\_\_ in Jesus Christ's name. I require that the body(bodies) of \_\_\_\_\_ be strong and healthy, and I enforce that with Your Word. I reject curses, and I enforce life on the body(bodies) of \_\_\_\_\_ in the name of Jesus Christ. ***James 4:7:*** *Therefore submit to God. Resist the devil and he will flee from you.*

In the name of Jesus Christ I ask all these things. Amen.

<sup>1</sup>This prayer is based on “God’s Medicine,” originally received by Pastor Anthony Menzel at Word of Life Christian Ministries in Dover, NJ.