

GOD'S FAST-ACTING VITAMINS^{1,2,3}

*The Word of God nourishes us spiritually. As the Lord Jesus says in **Matthew 4:4** It is written: Man shall not live by bread alone, but by every word that proceeds from the mouth of God. Thus, the Biblical passages and their corresponding petitions in this prayer can be considered to be spiritual nourishment. They are called vitamins because they can be used both to promote well-being and to battle sicknesses.*

In this recording, I am going to pause so that you can say the names of the people for whom you want to pray. If you have a very long list, you can stop the recording, lift up your list of names to God, and then continue saying the prayer.

GOD'S FAST-ACTING VITAMINS

Father, please cover me and _____, together with all of our loved ones and our descendants, with the blood of Jesus Christ. I know that where the blood of Jesus Christ is, the life of Jesus Christ is, because the life of the flesh is in the blood. In addition, where the life of Jesus Christ is, His Light is, and where Christ's Light is, no darkness can stay.

Leviticus 17:11 *For the life of the flesh is in the blood, and I have given it to you upon the altar to make atonement for your souls; for it is the blood that makes atonement for the soul.'*

John 1:1-5 *In the beginning was the Word, and the Word was with God, and the Word was God. ² He was in the beginning with God. ³ All things were made through Him, and without Him nothing was made that was made. ⁴ In Him was life, and the life was the light of men. ⁵ And the light shines in the darkness, and the darkness did not ^[a]comprehend it.*

Please cover us continually and permanently with the blood of Jesus Christ in spirit, soul, and body. Please work in each part of our beings so that we follow Christ better and better and so that we all obtain eternal life. May each of us also have the longest earthly life possible within Your Will and the maximum joy possible.

1 Thessalonians 5:23 *Now may the God of peace Himself sanctify^[g] you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.*

I know that Satan has to come to steal our health, kill our bodies, and bring destruction. Therefore, Father, I ask You to rebuke Satan in our lives with his sicknesses in the name of Jesus Christ, and I ask You to replace his evil with Your good life and abundant health in the name of Jesus Christ.

John 10:10 *The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.*

James 4:7 *Therefore submit to God. Resist the devil and he will flee from you.*

Jude 1:9 *Yet Michael the archangel, in contending with the devil, when he disputed about the body of Moses, dared not bring against him a reviling accusation, but said, "The Lord rebuke you!"*

Father, I ask You to touch us in our spirits, souls, and bodies now and always. Please be our Divine Health and the Healer of every part of our beings, including our spirits, souls, and bodies.

Exodus 15:24-26 *And the people complained against Moses, saying, "What shall we drink?" ²⁵ So he cried out to the LORD, and the LORD showed him a tree. When he cast it into the waters, the waters were made sweet. There He made a statute and an ^[e]ordinance for them, and there He tested them, ²⁶ and said, "If you diligently heed the voice of the LORD your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the LORD who heals you."*

Lord Jesus, I thank You for:

Being acquainted with our pains and sicknesses.

Carrying our weaknesses, afflictions, griefs, and sorrows.

Being wounded for our transgressions.

Being broken for our guilt.

And with those stripes that wounded the Lord Jesus, I ask You, Father, to heal us in spirit, soul, and body today and every new day.

Isaiah 53:3-6 *He is despised and [a]rejected by men, A Man of [b]sorrows and acquainted with [c]grief. And we hid, as it were, our faces from Him; He was despised, and we did not esteem Him. ⁴ Surely He has borne our [d]griefs And carried our [e]sorrows; Yet we [f]esteemed Him stricken, [g]Smitten by God, and afflicted. ⁵ But He was wounded[h] for our transgressions, He was [i]bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes[j] we are healed. ⁶ All we like sheep have gone astray; We have turned, every one, to his own way; And the LORD [k]has laid on Him the iniquity of us all.*

In the name of Jesus Christ I ask all these things. Amen

¹This prayer was written by Rev. Anthony Menzel, the Senior Pastor of Abundant Love Christian Church.

²Please note that a video of this prayer can be found on Abundant Love Christian Church's YouTube channel. You can either watch the video or listen to it as an audio prayer. To find this video, go to youtube.com, and then search for "God's Fast-Acting Vitamins."

³This prayer can also be found in written form under the Prayer Resources tab of Abundant Love Christian Church's Web site, www.abundantlovechurch.us.